



## How We Are Ensuring the Health and Safety of our Consumers and Clinicians During COVID-19 as we Return to Face to Face Sessions

The following document details how Molleston Luke Counseling is following local and federal guidelines to ensure the safety of both our clinicians and our clients. Within these practices, each of the specifications found in the "Phase 2 Professional Services COVID-19 Requirements" document is addressed.

- Our clinicians and staff have been briefed on the basics of coronavirus and its transmission according to current research as well as our safety policies for the office. This information is as updated as possible and originates with the Centers for Disease Control (CDC).
- Our clinicians will work to maintain 6 feet of distance between themselves and consumers whenever possible. In times where it is not possible, masks will be offered. Clients have the option to continue with telehealth if the clinician or client is not able to wear a mask.
- Our clinicians will maintain handwashing practices between sessions among other applicable times.
- Clinicians are required to take their temperature before beginning work with clients for the day and are required to stay home if they are experiencing any symptoms including fever, shortness of breath, cough or extreme fatigue.

### *Specific Safety Practices:*

- This plan will be posted on our website and at each of our clinical locations.
- CDC and state guidelines will be available to consumers at each of our locations.
- Our front door will be secured, our waiting room closed and clients will need to text their clinician when they arrive. Clinicians will meet their clients at the front door, take their temperature (100.4 per CDC guidelines will result in rescheduling appointments) and provide hand sanitizer. The restroom in the Puyallup location is available for handwashing prior to sessions. Children will be accompanied to the bathroom to wash hands.
- Clinicians will schedule extra time to clean between sessions and sanitize surfaces in clinical treatment rooms and other high touch surfaces.
- Clinicians utilizing the playrooms will follow protocol to sanitize each toy/item touched by a client between sessions, in addition to wiping down surfaces. Our playrooms have been modified to include only easily cleaned items (ie. no soft toys, fabric, etc.) and some children will have individual play items kept separate for their use, if determined clinically appropriate by their provider.
- Clinicians session start times will be staggered to reduce contact amongst clinicians and clients arriving and leaving sessions.
- The University Place office will close the restroom to consumers temporarily to prevent tight quarters in the hallway. Except for emergencies, the restroom will be for staff only and for children to wash hands. The fan/ventilation will be left on at all times.
- Clinicians will inform the managing partners of Molleston Luke Counseling immediately if they are exposed or a client reports an exposure to someone ill with COVID symptoms and we will respond according to local and state guidelines, including but not limited to, contacting the Pierce County Department of Health.